

# Stagecoach Cumbria & North Lancashire

**Duty: E312**

Day(s): Weekdays

Start Time: 08:05 - End Time: 18:31

**Break Times:**

**From:** Whitehaven Duke Street (Stan  
d B)  
**To:** Frizington, at Harras Villas

**From:** Frizington, at Harras Villas  
**To:** Distington, opp Brookfield

**Route:31**

Depart: 17:42 - Arrive: 18:31 9

1

**From:** Frizington, at Harras Villas  
**To:** Maryport, o/s Trinity Baptis  
t church

**Route:31**

2

Depart: 08:37 - Arrive: 10:18

**From:** Maryport, o/s Trinity Baptis  
t church  
**To:** Thornhill, at Ehen Road

**Route:30**

Depart: 10:20 - Arrive: 11:47 3

**From:** Thornhill, at Ehen Road  
**To:** Workington Bus Station (W) (  
Bay E)

**Route:30**

Depart: 11:55 - Arrive: 13:02 4

**From:** Workington Bus Station (W) (  
Bay E)  
**To:** Maryport, o/s B&M Bargains

**Route:300**

Depart: 13:06 - Arrive: 13:24 5

**From:** Maryport, o/s B&M Bargains  
**To:** Carlisle Bus Station (Ca) (b  
ay 3)

**Route:300**

Depart: 13:27 - Arrive: 14:37 6

**From:** Carlisle Bus Station (Ca) (b  
ay 3)  
**To:** Maryport, o/s Trinity Baptis  
t church

**Route:300**

Depart: 15:00 - Arrive: 16:07 7

**From:** Maryport, o/s Trinity Baptis  
t church  
**To:** Frizington, at Harras Villas

**Route:31**

Depart: 16:10 - Arrive: 17:37 8