

# Stagecoach Cumbria & North Lancashire

**Duty: E306**

Day(s): Weekdays

Start Time: 06:52 - End Time: 18:23

**Break Times:**

**From:** Distington Braemar (near)  
**To:** Frizington, at Harras Villas

**From:** Frizington, at Harras Villas  
**To:** Maryport, o/s Trinity Baptist church

**Route:31**

Depart: 06:52 - Arrive: 07:35

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**Route:31**

Depart: 16:42 - Arrive: 18:23

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**From:** Frizington, at Harras Villas  
**To:** Maryport, o/s Trinity Baptist church

**Route:31**

Depart: 07:37 - Arrive: 09:18

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**From:** Maryport, o/s Trinity Baptist church  
**To:** Thornhill, at Ehen Road

**Route:30**

Depart: 09:20 - Arrive: 10:47

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**From:** Thornhill, at Ehen Road  
**To:** Workington Bus Station (W) (Bay E)

**Route:30**

Depart: 10:55 - Arrive: 12:02

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**From:** Workington Bus Station (W) (Bay E)  
**To:** Maryport, o/s B&M Bargains

**Route:300**

Depart: 12:06 - Arrive: 12:24

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**From:** Maryport, o/s B&M Bargains  
**To:** Carlisle Bus Station (Ca) (bay 3)

**Route:300**

Depart: 12:27 - Arrive: 13:37

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**From:** Carlisle Bus Station (Ca) (bay 3)  
**To:** Maryport, o/s Trinity Baptist church

**Route:300**

Depart: 13:55 - Arrive: 15:02

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**From:** Maryport, o/s Trinity Baptist church  
**To:** Frizington, at Harras Villas

**Route:31**

Depart: 15:05 - Arrive: 16:32

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