

# Stagecoach Cumbria & North Lancashire

**Duty: E310**

Day(s): Weekdays

Start Time: 07:39 - End Time: 00:19

**Break Times:**

**From:** Ewanrigg New Bridge Street (near)  
**To:** Maryport, o/s Trinity Baptist church

**Route:**30

Depart: 07:39 - Arrive: 07:48

**From:** Maryport, o/s Trinity Baptist church  
**To:** Thornhill, at Ehen Road

**Route:**30

Depart: 16:55 - Arrive: 18:22

9

**From:** Maryport, o/s Trinity Baptist church  
**To:** Thornhill, at Ehen Road

**Route:**30

Depart: 07:50 - Arrive: 09:17

**From:** Thornhill, at Ehen Road  
**To:** Workington Bus Station (W) (Bay E)

**Route:**30

Depart: 18:30 - Arrive: 19:34

10

**From:** Thornhill, at Ehen Road  
**To:** Workington Bus Station (W) (Bay E)

**Route:**30

Depart: 09:25 - Arrive: 10:32

**From:** Workington Bus Station (W) (Bay E)  
**To:** Maryport, o/s B&M Bargains

**Route:**300

Depart: 19:40 - Arrive: 19:58

11

**From:** Workington Bus Station (W) (Bay E)  
**To:** Maryport, o/s B&M Bargains

**Route:**300

Depart: 10:36 - Arrive: 10:54

**From:** Maryport, o/s B&M Bargains  
**To:** Carlisle Bus Station (Ca) (Bay 3)

**Route:**300

Depart: 20:00 - Arrive: 21:05

12

**From:** Maryport, o/s B&M Bargains  
**To:** Carlisle Bus Station (Ca) (Bay 3)

**Route:**300

Depart: 10:57 - Arrive: 12:07

**From:** Carlisle Bus Station (Ca) (Bay 3)  
**To:** Maryport, o/s Trinity Baptist church

**Route:**300

Depart: 21:15 - Arrive: 22:20

13

**From:** Carlisle Bus Station (Ca) (Bay 3)  
**To:** Maryport, o/s Trinity Baptist church

**Route:**300

Depart: 12:25 - Arrive: 13:32

**From:** Maryport, o/s Trinity Baptist church  
**To:** Thornhill, at Ehen Road

**Route:**30

Depart: 22:20 - Arrive: 23:39

14

**From:** Maryport, o/s Trinity Baptist church  
**To:** Frizington, at Harras Villas

**Route:**31

Depart: 13:35 - Arrive: 15:02

**From:** Thornhill, at Ehen Road  
**To:** Distington, opp Brookfield

**Route:**30

Depart: 23:40 - Arrive: 00:19

15

**From:** Frizington, at Harras Villas  
**To:** Maryport, o/s Trinity Baptist church

**Route:**31

Depart: 15:12 - Arrive: 16:54

7

8