

# Stagecoach Cumbria & North Lancashire

**Duty: E401**

Day(s): Sunday

Start Time: 07:15 - End Time: 20:29

**Break Times:**

<b>From:</b> Whitehaven Wittington Cat (S tand C)	<b>To:</b> Workington Bus Station (W) (	<b>From:</b> Workington Bus Station (W) (	
	Bay E)	<b>To:</b> Maryport, o/s B&M Bargains	
<b>Route:</b> 30		<b>Route:</b> 300	
Depart: 07:15 - Arrive: 07:46	1	Depart: 16:51 - Arrive: 17:09	9
<b>From:</b> Workington Bus Station (W) (	<b>To:</b> Maryport, o/s B&M Bargains	<b>From:</b> Maryport, o/s B&M Bargains	
Bay E)		<b>To:</b> Carlisle Bus Station (Ca) (b ay 3)	
<b>Route:</b> 300		<b>Route:</b> 300	
Depart: 07:51 - Arrive: 08:09	2	Depart: 17:11 - Arrive: 18:19	10
<b>From:</b> Maryport, o/s B&M Bargains	<b>From:</b> Carlisle Bus Station (Ca) (b ay 3)		
<b>To:</b> Carlisle Bus Station (Ca) (b ay 3)	<b>To:</b> Maryport, o/s Trinity Baptis t church		
<b>Route:</b> 300		<b>Route:</b> 300	
Depart: 08:11 - Arrive: 09:19	3	Depart: 18:25 - Arrive: 19:33	11
<b>From:</b> Carlisle Bus Station (Ca) (b ay 3)	<b>From:</b> Maryport, o/s Trinity Baptis t church		
<b>To:</b> Maryport, o/s Trinity Baptis t church	<b>To:</b> Whitehaven Duke Street (Stan d B)		
<b>Route:</b> 300		<b>Route:</b> 30	
Depart: 09:25 - Arrive: 10:33	4	Depart: 19:34 - Arrive: 20:29	12
<b>From:</b> Maryport, o/s Trinity Baptis t church			
<b>To:</b> Frizington, at Harras Villas			
<b>Route:</b> 31		<b>Route:</b> 30	
Depart: 10:34 - Arrive: 12:02	5	Depart: 19:34 - Arrive: 20:29	12
<b>From:</b> Frizington, at Harras Villas			
<b>To:</b> Maryport, o/s Trinity Baptis t church			
<b>Route:</b> 31		<b>Route:</b> 30	
Depart: 12:10 - Arrive: 13:48	6	Depart: 19:34 - Arrive: 20:29	12
<b>From:</b> Maryport, o/s Trinity Baptis t church			
<b>To:</b> Thornhill, at Ehen Road			
<b>Route:</b> 30		<b>Route:</b> 30	
Depart: 14:04 - Arrive: 15:32	7	Depart: 19:34 - Arrive: 20:29	12
<b>From:</b> Thornhill, at Ehen Road			
<b>To:</b> Workington Bus Station (W) (			
Bay E)			
<b>Route:</b> 30		<b>Route:</b> 30	
Depart: 15:40 - Arrive: 16:46	8	Depart: 19:34 - Arrive: 20:29	12