

Stagecoach Cumbria & North Lancashire

Duty: E401

Day(s): Weekdays

Start Time: 04:53 - End Time: 19:30

Break Times:

From: Whitehaven Wittington Cat (S tand C)	To: Workington Bus Station (W) (From: Workington Bus Station (W) (
	Bay E)	To: Maryport, o/s B&M Bargains	
Route: 300		Route: 300	
Depart: 04:53 - Arrive: 05:24	1	Depart: 14:06 - Arrive: 14:24	9
From: Workington Bus Station (W) (To: Maryport, o/s B&M Bargains	From: Maryport, o/s B&M Bargains	
Bay E)		To: Carlisle Bus Station (Ca) (b ay 3)	
Route: 300		Route: 300	
Depart: 05:26 - Arrive: 05:44	2	Depart: 14:27 - Arrive: 15:37	10
From: Maryport, o/s B&M Bargains	To: Carlisle Bus Station (Ca) (b ay 3)	From: Carlisle Bus Station (Ca) (b ay 3)	
		To: Maryport, o/s Trinity Baptis t church	
Route: 300		Route: 300	
Depart: 05:45 - Arrive: 06:51	3	Depart: 16:00 - Arrive: 17:08	11
From: Carlisle Bus Station (Ca) (b ay 3)	From: Maryport, o/s Trinity Baptis t church	From: Maryport, o/s Trinity Baptis t church	
To: Maryport, o/s Trinity Baptis t church		To: Frizington, at Harras Villas	
Route: 300		Route: 31	
Depart: 06:55 - Arrive: 08:02	4	Depart: 17:10 - Arrive: 18:37	12
From: Maryport, o/s Trinity Baptis t church	From: Frizington, at Harras Villas	From: Frizington, at Harras Villas	
To: Frizington, at Harras Villas		To: Distington, opp Brookfield	
Route: 31		Route: 31	
Depart: 08:05 - Arrive: 09:32	5	Depart: 18:42 - Arrive: 19:30	13
From: Frizington, at Harras Villas			
To: Maryport, o/s Trinity Baptis t church			
Route: 31			
Depart: 09:37 - Arrive: 11:18	6		
From: Maryport, o/s Trinity Baptis t church			
To: Thornhill, at Ehen Road			
Route: 30			
Depart: 11:20 - Arrive: 12:47	7		
From: Thornhill, at Ehen Road			
To: Workington Bus Station (W) (
Bay E)			
Route: 30			
Depart: 12:55 - Arrive: 14:02	8		