

# Stagecoach Cumbria & North Lancashire

**Duty: E404**

Day(s): Sunday

Start Time: 08:25 - End Time: 19:28

**Break Times:**

**From:** Workington Bus Station (W) ( Bay D)  
**To:** Thornhill, at Ehen Road  
**Route:**30  
Depart: 08:25 - Arrive: 09:32 1

**From:** Thornhill, at Ehen Road  
**To:** Distington, opp Brookfield  
**Route:**30  
Depart: 18:40 - Arrive: 19:28 9

**From:** Thornhill, at Ehen Road  
**To:** Workington Bus Station (W) ( Bay E)  
**Route:**30  
Depart: 09:40 - Arrive: 10:46 2

**From:** Workington Bus Station (W) ( Bay E)  
**To:** Maryport, o/s B&M Bargains  
**Route:**300  
Depart: 10:51 - Arrive: 11:09 3

**From:** Maryport, o/s B&M Bargains  
**To:** Carlisle Bus Station (Ca) ( Bay 3)  
**Route:**300  
Depart: 11:11 - Arrive: 12:19 4

**From:** Carlisle Bus Station (Ca) ( Bay 3)  
**To:** Maryport, o/s Trinity Baptist church  
**Route:**300  
Depart: 12:25 - Arrive: 13:33 5

**From:** Maryport, o/s Trinity Baptist church  
**To:** Frizington, at Harras Villas  
**Route:**31  
Depart: 13:34 - Arrive: 15:02 6

**From:** Frizington, at Harras Villas  
**To:** Maryport, o/s Trinity Baptist church  
**Route:**31  
Depart: 15:10 - Arrive: 16:48 7

**From:** Maryport, o/s Trinity Baptist church  
**To:** Thornhill, at Ehen Road  
**Route:**30  
Depart: 17:04 - Arrive: 18:32 8