

# Stagecoach Cumbria & North Lancashire

**Duty: E406**

Day(s): Sunday

Start Time: 09:10 - End Time: 18:58

**Break Times:**

**From:** Frizington, at Harras Villas  
**To:** Maryport, o/s Trinity Baptis  
t church

**Route:31**

Depart: 09:10 - Arrive: 10:48 1

**From:** Maryport, o/s Trinity Baptis  
t church  
**To:** Thornhill, at Ehen Road

**Route:30**

Depart: 11:04 - Arrive: 12:32 2

**From:** Thornhill, at Ehen Road  
**To:** Workington Bus Station (W) (  
Bay E)

**Route:30**

Depart: 12:40 - Arrive: 13:46 3

**From:** Workington Bus Station (W) (  
Bay E)  
**To:** Maryport, o/s B&M Bargains

**Route:300**

Depart: 13:51 - Arrive: 14:09 4

**From:** Maryport, o/s B&M Bargains  
**To:** Carlisle Bus Station (Ca) (b  
ay 3)

**Route:300**

Depart: 14:11 - Arrive: 15:19 5

**From:** Carlisle Bus Station (Ca) (b  
ay 3)  
**To:** Maryport, o/s Trinity Baptis  
t church

**Route:300**

Depart: 15:25 - Arrive: 16:33 6

**From:** Maryport, o/s Trinity Baptis  
t church  
**To:** Frizington, at Harras Villas

**Route:31**

Depart: 16:34 - Arrive: 18:02 7

**From:** Frizington, at Harras Villas  
**To:** Distington, opp Brookfield

**Route:31**

Depart: 18:10 - Arrive: 18:58 8