

# S&CH East Of England

**Duty: NL1/05**

Day(s): Every Day

Start Time: 00:20 - End Time: 00:13

**Break Times:**

|  |  |   |   |   |    |   |    |
|--|--|---|---|---|----|---|----|
| <b>From:</b><br>Istation<br><b>To:</b><br>y<br>y | Broadland Gate, opposite Too<br>Horsford, opposite Meadow Wa | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 00:20 - Arrive: 00:47 | 1 | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 03:50 - Arrive: 04:13 | 8  | <b>From:</b><br>Istation<br><b>To:</b><br>y<br><b>Route:</b> NL1<br>Depart: 07:20 - Arrive: 07:47 | 15 |
| <b>From:</b><br>Istation<br><b>To:</b><br>y<br>y | Horsford, opposite Meadow Wa<br>Broadland Gate, opposite Too | <b>From:</b><br>Istation<br><b>To:</b><br>y<br><b>Route:</b> NL1<br>Depart: 00:50 - Arrive: 01:13 | 2 | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 04:20 - Arrive: 04:47 | 9  | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 07:50 - Arrive: 08:13 | 16 |
| <b>From:</b><br>Istation<br><b>To:</b><br>y<br>y | Broadland Gate, opposite Too<br>Horsford, opposite Meadow Wa | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 01:20 - Arrive: 01:47 | 3 | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 04:50 - Arrive: 05:13 | 10 | <b>From:</b><br>Istation<br><b>To:</b><br>y<br><b>Route:</b> NL1<br>Depart: 08:20 - Arrive: 08:47 | 17 |
| <b>From:</b><br>Istation<br><b>To:</b><br>y<br>y | Horsford, opposite Meadow Wa<br>Broadland Gate, opposite Too | <b>From:</b><br>Istation<br><b>To:</b><br>y<br><b>Route:</b> NL1<br>Depart: 01:50 - Arrive: 02:13 | 4 | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 05:20 - Arrive: 05:47 | 11 | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 08:50 - Arrive: 09:13 | 18 |
| <b>From:</b><br>Istation<br><b>To:</b><br>y<br>y | Broadland Gate, opposite Too<br>Horsford, opposite Meadow Wa | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 02:20 - Arrive: 02:47 | 5 | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 05:50 - Arrive: 06:13 | 12 | <b>From:</b><br>Istation<br><b>To:</b><br>y<br><b>Route:</b> NL1<br>Depart: 09:20 - Arrive: 09:47 | 19 |
| <b>From:</b><br>Istation<br><b>To:</b><br>y<br>y | Horsford, opposite Meadow Wa<br>Broadland Gate, opposite Too | <b>From:</b><br>Istation<br><b>To:</b><br>y<br><b>Route:</b> NL1<br>Depart: 02:50 - Arrive: 03:13 | 6 | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 06:20 - Arrive: 06:47 | 13 | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 09:50 - Arrive: 10:13 | 20 |
| <b>From:</b><br>Istation<br><b>To:</b><br>y<br>y | Broadland Gate, opposite Too<br>Horsford, opposite Meadow Wa | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 03:20 - Arrive: 03:47 | 7 | <b>From:</b><br>y<br><b>To:</b><br>Istation<br><b>Route:</b> NL1<br>Depart: 06:50 - Arrive: 07:13 | 14 | <b>From:</b><br>Istation<br><b>To:</b><br>y<br><b>Route:</b> NL1<br>Depart: 10:20 - Arrive: 10:47 | 21 |

|  |  |  |
|--|--|--|
| <b>From:</b> Horsford, opposite Meadow Way<br><b>To:</b> Broadland Gate, opposite Too<br>Istation      | <b>From:</b> Broadland Gate, opposite Too<br><b>To:</b> Horsford, opposite Meadow Way<br>Istation      | <b>From:</b> Horsford, opposite Meadow Way<br><b>To:</b> Broadland Gate, opposite Too<br>Istation      |
| <b>Route:</b> NL1<br>Depart: 10:50 - Arrive: 11:13   | <b>Route:</b> NL1<br>Depart: 14:20 - Arrive: 14:47   | <b>Route:</b> NL1<br>Depart: 17:50 - Arrive: 18:13   |
| 22   | 29   | 36   |
| <b>From:</b> Broadland Gate, opposite Too<br>Istation<br><b>To:</b> Horsford, opposite Meadow Way<br>y | <b>From:</b> Horsford, opposite Meadow Way<br>y<br><b>To:</b> Broadland Gate, opposite Too<br>Istation | <b>From:</b> Broadland Gate, opposite Too<br>Istation<br><b>To:</b> Horsford, opposite Meadow Way<br>y |
| <b>Route:</b> NL1<br>Depart: 11:20 - Arrive: 11:47   | <b>Route:</b> NL1<br>Depart: 14:50 - Arrive: 15:13   | <b>Route:</b> NL1<br>Depart: 18:20 - Arrive: 18:47   |
| 23   | 30   | 37   |
| <b>From:</b> Horsford, opposite Meadow Way<br>y<br><b>To:</b> Broadland Gate, opposite Too<br>Istation | <b>From:</b> Broadland Gate, opposite Too<br>Istation<br><b>To:</b> Horsford, opposite Meadow Way<br>y | <b>From:</b> Horsford, opposite Meadow Way<br>y<br><b>To:</b> Broadland Gate, opposite Too<br>Istation |
| <b>Route:</b> NL1<br>Depart: 11:50 - Arrive: 12:13   | <b>Route:</b> NL1<br>Depart: 15:20 - Arrive: 15:47   | <b>Route:</b> NL1<br>Depart: 18:50 - Arrive: 19:13   |
| 24   | 31   | 38   |
| <b>From:</b> Broadland Gate, opposite Too<br>Istation<br><b>To:</b> Horsford, opposite Meadow Way<br>y | <b>From:</b> Horsford, opposite Meadow Way<br>y<br><b>To:</b> Broadland Gate, opposite Too<br>Istation | <b>From:</b> Broadland Gate, opposite Too<br>Istation<br><b>To:</b> Horsford, opposite Meadow Way<br>y |
| <b>Route:</b> NL1<br>Depart: 12:20 - Arrive: 12:47   | <b>Route:</b> NL1<br>Depart: 15:50 - Arrive: 16:13   | <b>Route:</b> NL1<br>Depart: 19:20 - Arrive: 19:47   |
| 25   | 32   | 39   |
| <b>From:</b> Horsford, opposite Meadow Way<br>y<br><b>To:</b> Broadland Gate, opposite Too<br>Istation | <b>From:</b> Broadland Gate, opposite Too<br>Istation<br><b>To:</b> Horsford, opposite Meadow Way<br>y | <b>From:</b> Horsford, opposite Meadow Way<br>y<br><b>To:</b> Broadland Gate, opposite Too<br>Istation |
| <b>Route:</b> NL1<br>Depart: 12:50 - Arrive: 13:13   | <b>Route:</b> NL1<br>Depart: 16:20 - Arrive: 16:47   | <b>Route:</b> NL1<br>Depart: 19:50 - Arrive: 20:13   |
| 26   | 33   | 40   |
| <b>From:</b> Broadland Gate, opposite Too<br>Istation<br><b>To:</b> Horsford, opposite Meadow Way<br>y | <b>From:</b> Horsford, opposite Meadow Way<br>y<br><b>To:</b> Broadland Gate, opposite Too<br>Istation | <b>From:</b> Broadland Gate, opposite Too<br>Istation<br><b>To:</b> Horsford, opposite Meadow Way<br>y |
| <b>Route:</b> NL1<br>Depart: 13:20 - Arrive: 13:47   | <b>Route:</b> NL1<br>Depart: 16:50 - Arrive: 17:13   | <b>Route:</b> NL1<br>Depart: 20:20 - Arrive: 20:47   |
| 27   | 34   | 41   |
| <b>From:</b> Horsford, opposite Meadow Way<br>y<br><b>To:</b> Broadland Gate, opposite Too<br>Istation | <b>From:</b> Broadland Gate, opposite Too<br>Istation<br><b>To:</b> Horsford, opposite Meadow Way<br>y | <b>From:</b> Horsford, opposite Meadow Way<br>y<br><b>To:</b> Broadland Gate, opposite Too<br>Istation |
| <b>Route:</b> NL1<br>Depart: 13:50 - Arrive: 14:13   | <b>Route:</b> NL1<br>Depart: 17:20 - Arrive: 17:47   | <b>Route:</b> NL1<br>Depart: 20:50 - Arrive: 21:13   |
| 28   | 35   | 42   |

**From:** Broadland Gate, opposite Too  
Istation  
**To:** Horsford, opposite Meadow Wa  
y

**Route:** NL1

Depart: 21:20 - Arrive: 21:47 43

---

**From:** Horsford, opposite Meadow Wa  
y  
**To:** Broadland Gate, opposite Too  
Istation

**Route:** NL1

Depart: 21:50 - Arrive: 22:13 44

---

**From:** Broadland Gate, opposite Too  
Istation  
**To:** Horsford, opposite Meadow Wa  
y

**Route:** NL1

Depart: 22:20 - Arrive: 22:47 45

---

**From:** Horsford, opposite Meadow Wa  
y  
**To:** Broadland Gate, opposite Too  
Istation

**Route:** NL1

Depart: 22:50 - Arrive: 23:13 46

---

**From:** Broadland Gate, opposite Too  
Istation  
**To:** Horsford, opposite Meadow Wa  
y

**Route:** NL1

Depart: 23:20 - Arrive: 23:47 47

---

**From:** Horsford, opposite Meadow Wa  
y  
**To:** Broadland Gate, opposite Too  
Istation

**Route:** NL1

Depart: 23:50 - Arrive: 00:13 48

---