

# MHR Cornwall

**Duty: wDay/Bodmin/Polzeath/02/01**

Day(s): Weekdays

Start Time: 03:00 - End Time: 23:35

**Break Times:**

<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 03:00 - Arrive: 03:15      1	<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 06:00 - Arrive: 06:15      10	<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 09:00 - Arrive: 09:15      19
<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 03:20 - Arrive: 03:35      2	<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 06:20 - Arrive: 06:35      11	<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 09:20 - Arrive: 09:35      20
<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 03:40 - Arrive: 03:55      3	<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 06:40 - Arrive: 06:55      12	<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 09:40 - Arrive: 09:55      21
<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 04:00 - Arrive: 04:15      4	<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 07:00 - Arrive: 07:15      13	<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 10:00 - Arrive: 10:15      22
<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 04:20 - Arrive: 04:35      5	<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 07:20 - Arrive: 07:35      14	<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 10:20 - Arrive: 10:35      23
<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 04:40 - Arrive: 04:55      6	<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 07:40 - Arrive: 07:55      15	<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 10:40 - Arrive: 10:55      24
<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 05:00 - Arrive: 05:15      7	<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 08:00 - Arrive: 08:15      16	<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 11:00 - Arrive: 11:15      25
<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 05:20 - Arrive: 05:35      8	<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 08:20 - Arrive: 08:35      17	<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 11:20 - Arrive: 11:35      26
<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 05:40 - Arrive: 05:55      9	<b>From:</b> New Polzeath <b>To:</b> Rock <b>Route:</b> Z2 Depart: 08:40 - Arrive: 08:55      18	<b>From:</b> Rock <b>To:</b> New Polzeath <b>Route:</b> Z2 Depart: 11:40 - Arrive: 11:55      27

<b>From:</b> New Polzeath <b>To:</b> Rock	<b>From:</b> Rock <b>To:</b> New Polzeath	<b>From:</b> New Polzeath <b>To:</b> Rock
<b>Route:</b> Z2	<b>Route:</b> Z2	<b>Route:</b> Z2
Depart: 12:00 - Arrive: 12:15 28	Depart: 15:00 - Arrive: 15:15 37	Depart: 18:00 - Arrive: 18:15 46
<b>From:</b> Rock <b>To:</b> New Polzeath	<b>From:</b> New Polzeath <b>To:</b> Rock	<b>From:</b> Rock <b>To:</b> New Polzeath
<b>Route:</b> Z2	<b>Route:</b> Z2	<b>Route:</b> Z2
Depart: 12:20 - Arrive: 12:35 29	Depart: 15:20 - Arrive: 15:35 38	Depart: 18:20 - Arrive: 18:35 47
<b>From:</b> New Polzeath <b>To:</b> Rock	<b>From:</b> Rock <b>To:</b> New Polzeath	<b>From:</b> New Polzeath <b>To:</b> Rock
<b>Route:</b> Z2	<b>Route:</b> Z2	<b>Route:</b> Z2
Depart: 12:40 - Arrive: 12:55 30	Depart: 15:40 - Arrive: 15:55 39	Depart: 18:40 - Arrive: 18:55 48
<b>From:</b> Rock <b>To:</b> New Polzeath	<b>From:</b> New Polzeath <b>To:</b> Rock	<b>From:</b> Rock <b>To:</b> New Polzeath
<b>Route:</b> Z2	<b>Route:</b> Z2	<b>Route:</b> Z2
Depart: 13:00 - Arrive: 13:15 31	Depart: 16:00 - Arrive: 16:15 40	Depart: 19:00 - Arrive: 19:15 49
<b>From:</b> New Polzeath <b>To:</b> Rock	<b>From:</b> Rock <b>To:</b> New Polzeath	<b>From:</b> New Polzeath <b>To:</b> Rock
<b>Route:</b> Z2	<b>Route:</b> Z2	<b>Route:</b> Z2
Depart: 13:20 - Arrive: 13:35 32	Depart: 16:20 - Arrive: 16:35 41	Depart: 19:20 - Arrive: 19:35 50
<b>From:</b> Rock <b>To:</b> New Polzeath	<b>From:</b> New Polzeath <b>To:</b> Rock	<b>From:</b> Rock <b>To:</b> New Polzeath
<b>Route:</b> Z2	<b>Route:</b> Z2	<b>Route:</b> Z2
Depart: 13:40 - Arrive: 13:55 33	Depart: 16:40 - Arrive: 16:55 42	Depart: 19:40 - Arrive: 19:55 51
<b>From:</b> New Polzeath <b>To:</b> Rock	<b>From:</b> Rock <b>To:</b> New Polzeath	<b>From:</b> New Polzeath <b>To:</b> Rock
<b>Route:</b> Z2	<b>Route:</b> Z2	<b>Route:</b> Z2
Depart: 14:00 - Arrive: 14:15 34	Depart: 17:00 - Arrive: 17:15 43	Depart: 20:00 - Arrive: 20:15 52
<b>From:</b> Rock <b>To:</b> New Polzeath	<b>From:</b> New Polzeath <b>To:</b> Rock	<b>From:</b> Rock <b>To:</b> New Polzeath
<b>Route:</b> Z2	<b>Route:</b> Z2	<b>Route:</b> Z2
Depart: 14:20 - Arrive: 14:35 35	Depart: 17:20 - Arrive: 17:35 44	Depart: 20:20 - Arrive: 20:35 53
<b>From:</b> New Polzeath <b>To:</b> Rock	<b>From:</b> Rock <b>To:</b> New Polzeath	<b>From:</b> New Polzeath <b>To:</b> Rock
<b>Route:</b> Z2	<b>Route:</b> Z2	<b>Route:</b> Z2
Depart: 14:40 - Arrive: 14:55 36	Depart: 17:40 - Arrive: 17:55 45	Depart: 20:40 - Arrive: 20:55 54

**From:** Rock  
**To:** New Polzeath

**Route:**Z2

Depart: 21:00 - Arrive: 21:15 55

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**From:** New Polzeath  
**To:** Rock

**Route:**Z2

Depart: 21:20 - Arrive: 21:35 56

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**From:** Rock  
**To:** New Polzeath

**Route:**Z2

Depart: 21:40 - Arrive: 21:55 57

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**From:** New Polzeath  
**To:** Rock

**Route:**Z2

Depart: 22:00 - Arrive: 22:15 58

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**From:** Rock  
**To:** New Polzeath

**Route:**Z2

Depart: 22:20 - Arrive: 22:35 59

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**From:** New Polzeath  
**To:** Rock

**Route:**Z2

Depart: 22:40 - Arrive: 22:55 60

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**From:** Rock  
**To:** New Polzeath

**Route:**Z2

Depart: 23:00 - Arrive: 23:15 61

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**From:** New Polzeath  
**To:** Rock

**Route:**Z2

Depart: 23:20 - Arrive: 23:35 62

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