

# LF Transport Solutions

**Duty: FO26 (M-S)**

Day(s): Monday, Tuesday, Wednesday, Thursday, Friday, Saturday, Sunday

Start Time: 09:07 - End Time: 18:13

Break Times:

**From:** LFTS FO Depot  
**To:** Folkestone

**Route:**Dead

Depart: 09:07 - Arrive: 09:17 1

**From:** Folkestone  
**To:** Ashford

**Route:**10

Depart: 09:18 - Arrive: 10:33 2

**From:** Ashford  
**To:** Folkestone

**Route:**10

Depart: 10:44 - Arrive: 12:02 3

**From:** Folkestone  
**To:** Ashford

**Route:**10

Depart: 12:18 - Arrive: 13:33 4

**From:** Ashford  
**To:** Folkestone

**Route:**10

Depart: 13:44 - Arrive: 15:02 5

**From:** Folkestone  
**To:** Ashford

**Route:**10

Depart: 15:18 - Arrive: 16:33 6

**From:** Ashford  
**To:** Folkestone

**Route:**10

Depart: 16:44 - Arrive: 18:02 7

**From:** Folkestone  
**To:** LFTS FO Depot

**Route:**Dead

Depart: 18:03 - Arrive: 18:13 8