

# LF Transport Solutions

## Duty: FO24 (M-S)

Day(s): Monday, Tuesday, Wednesday, Thursday, Friday  
**Break Times:**

Start Time: 06:49 - End Time: 18:43

**From:** Folkestone  
**To:** LFTS FO Depot

**Route:** Dead

Depart: 06:49 - Arrive: 06:59 1 Depart: 18:33 - Arrive: 18:43 10

**From:** LFTS FO Depot  
**To:** Folkestone

**Route:** Dead

Depart: 06:49 - Arrive: 06:59 1 Depart: 18:33 - Arrive: 18:43 10

**From:** Folkestone  
**To:** Ashford

**Route:** 10A

Depart: 07:00 - Arrive: 08:12 2

**From:** Ashford  
**To:** Folkestone

**Route:** 10A

Depart: 08:14 - Arrive: 09:32 3

**From:** Folkestone  
**To:** Ashford

**Route:** 10A

Depart: 09:48 - Arrive: 11:08 4

**From:** Ashford  
**To:** Folkestone

**Route:** 10A

Depart: 11:14 - Arrive: 12:32 5

**From:** Folkestone  
**To:** Ashford

**Route:** 10A

Depart: 12:48 - Arrive: 14:08 6

**From:** Ashford  
**To:** Folkestone

**Route:** 10A

Depart: 14:14 - Arrive: 15:32 7

**From:** Folkestone  
**To:** Ashford

**Route:** 10A

Depart: 15:48 - Arrive: 17:08 8

**From:** Ashford  
**To:** Folkestone

**Route:** 10A

Depart: 17:14 - Arrive: 18:32 9