

# LF Transport Solutions

## Duty: FO23 (M-S)

Day(s): Monday, Tuesday, Wednesday, Thursday, Friday  
Break Times:

Start Time: 06:19 - End Time: 20:15

<b>From:</b> LFTS FO Depot <b>To:</b> Folkestone	<b>From:</b> Folkestone <b>To:</b> Ashford
<b>Route:</b> Dead Depart: 06:19 - Arrive: 06:29	<b>Route:</b> 10 1 Depart: 17:23 - Arrive: 18:38
<b>From:</b> Folkestone <b>To:</b> Ashford	<b>From:</b> Ashford <b>To:</b> Folkestone
<b>Route:</b> 10X Depart: 06:30 - Arrive: 07:15	<b>Route:</b> 10 2 Depart: 18:46 - Arrive: 20:04
<b>From:</b> Ashford <b>To:</b> Folkestone	<b>From:</b> Folkestone <b>To:</b> LFTS FO Depot
<b>Route:</b> 10X Depart: 07:30 - Arrive: 08:09	<b>Route:</b> Dead 3 Depart: 20:05 - Arrive: 20:15
<b>From:</b> Folkestone <b>To:</b> Ashford	
<b>Route:</b> 10 Depart: 08:20 - Arrive: 09:33	4
<b>From:</b> Ashford <b>To:</b> Folkestone	
<b>Route:</b> 10 Depart: 09:44 - Arrive: 11:02	5
<b>From:</b> Folkestone <b>To:</b> Ashford	
<b>Route:</b> 10 Depart: 11:18 - Arrive: 12:33	6
<b>From:</b> Ashford <b>To:</b> Folkestone	
<b>Route:</b> 10 Depart: 12:44 - Arrive: 14:02	7
<b>From:</b> Folkestone <b>To:</b> Ashford	
<b>Route:</b> 10 Depart: 14:18 - Arrive: 15:33	8
<b>From:</b> Ashford <b>To:</b> Folkestone	
<b>Route:</b> 10 Depart: 15:44 - Arrive: 17:02	9