

# LF Transport Solutions

## Duty: FO22 (M-S)

Day(s): Monday, Tuesday, Wednesday, Thursday, Friday  
Break Times:

Start Time: 05:49 - End Time: 00:05

<b>From:</b> LFTS FO Depot <b>To:</b> Folkestone	<b>From:</b> Folkestone <b>To:</b> Ashford
<b>Route:</b> Dead Depart: 05:49 - Arrive: 05:59	<b>Route:</b> 10A 1 Depart: 17:53 - Arrive: 19:13 10
<b>From:</b> Folkestone <b>To:</b> Ashford	<b>From:</b> Ashford <b>To:</b> Folkestone
<b>Route:</b> 10A Depart: 06:00 - Arrive: 07:12	<b>Route:</b> 10X 2 Depart: 19:30 - Arrive: 20:09 11
<b>From:</b> Ashford <b>To:</b> Folkestone	<b>From:</b> Folkestone <b>To:</b> Ashford
<b>Route:</b> 10A Depart: 07:14 - Arrive: 08:32	<b>Route:</b> 10X 3 Depart: 20:30 - Arrive: 21:15 12
<b>From:</b> Folkestone <b>To:</b> Ashford	<b>From:</b> Ashford <b>To:</b> Folkestone
<b>Route:</b> 10A Depart: 08:48 - Arrive: 10:08	<b>Route:</b> 10X 4 Depart: 21:30 - Arrive: 22:09 13
<b>From:</b> Ashford <b>To:</b> Folkestone	<b>From:</b> Folkestone <b>To:</b> Ashford
<b>Route:</b> 10A Depart: 10:14 - Arrive: 11:32	<b>Route:</b> 10X 5 Depart: 22:30 - Arrive: 23:10 14
<b>From:</b> Folkestone <b>To:</b> Ashford	<b>From:</b> Ashford <b>To:</b> Folkestone
<b>Route:</b> 10A Depart: 11:48 - Arrive: 13:08	<b>Route:</b> 10X 6 Depart: 23:15 - Arrive: 23:54 15
<b>From:</b> Ashford <b>To:</b> Folkestone	<b>From:</b> Folkestone <b>To:</b> LFTS FO Depot
<b>Route:</b> 10A Depart: 13:14 - Arrive: 14:32	<b>Route:</b> Dead 7 Depart: 23:55 - Arrive: 00:05 16
<b>From:</b> Folkestone <b>To:</b> Ashford	
<b>Route:</b> 10A Depart: 14:48 - Arrive: 16:08	8
<b>From:</b> Ashford <b>To:</b> Folkestone	
<b>Route:</b> 10A Depart: 16:14 - Arrive: 17:32	9