

# LF Transport Solutions

**Duty: FO22 (Sun)**

Day(s): Sunday

Start Time: 08:59 - End Time: 16:45

**Break Times:**

**From:** LFTS FO Depot  
**To:** Folkestone

**Route:** Dead

Depart: 08:59 - Arrive: 09:09 1

**From:** Folkestone  
**To:** Ashford

**Route:** 10

Depart: 09:10 - Arrive: 10:24 2

**From:** Ashford  
**To:** Folkestone

**Route:** 10

Depart: 10:30 - Arrive: 11:44 3

**From:** Folkestone  
**To:** Ashford

**Route:** 10

Depart: 14:10 - Arrive: 15:14 4

**From:** Ashford  
**To:** Folkestone

**Route:** 10

Depart: 15:20 - Arrive: 16:34 5

**From:** Folkestone  
**To:** LFTS FO Depot

**Route:** Dead

Depart: 16:35 - Arrive: 16:45 6