

# LF Transport Solutions

**Duty: FO21 (Sun)**

Day(s): Sunday

Start Time: 08:49 - End Time: 18:55

**Break Times:**

**From:** LFTS FO Depot  
**To:** Ashford

**Route:** Dead

Depart: 08:49 - Arrive: 09:19 1

**From:** Ashford  
**To:** Folkestone

**Route:** 10

Depart: 09:20 - Arrive: 10:34 2

**From:** Folkestone  
**To:** Ashford

**Route:** 10

Depart: 11:20 - Arrive: 12:24 3

**From:** Ashford  
**To:** Folkestone

**Route:** 10

Depart: 12:30 - Arrive: 13:44 4

**From:** Folkestone  
**To:** Ashford

**Route:** 10

Depart: 16:20 - Arrive: 17:24 5

**From:** Ashford  
**To:** Folkestone

**Route:** 10

Depart: 17:30 - Arrive: 18:44 6

**From:** Folkestone  
**To:** LFTS FO Depot

**Route:** Dead

Depart: 18:45 - Arrive: 18:55 7