

# First Essex

**Duty: 100**

Day(s): Every Day

Start Time: 04:00 - End Time: 23:06

**Break Times:**

**From:** Basildon Bus Station (Stand R)  
**To:** Lakeside Bus Station (Bay M)

**Route:**100  
Depart: 04:00 - Arrive: 06:33 1

**From:** Lakeside Bus Station (Bay M)  
**To:** Basildon Bus Station (Stand R)

**Route:**100  
Depart: 06:36 - Arrive: 09:06 2

**From:** Basildon Bus Station (Stand R)  
**To:** Lakeside Bus Station (Bay M)

**Route:**100  
Depart: 10:00 - Arrive: 12:33 3

**From:** Lakeside Bus Station (Bay M)  
**To:** Basildon Bus Station (Stand R)

**Route:**100  
Depart: 12:36 - Arrive: 15:06 4

**From:** Basildon Bus Station (Stand R)  
**To:** Lakeside Bus Station (Bay M)

**Route:**100  
Depart: 16:00 - Arrive: 18:33 5

**From:** Lakeside Bus Station (Bay M)  
**To:** Basildon Bus Station (Stand R)

**Route:**100  
Depart: 18:36 - Arrive: 21:06 6