

# Buses of Wales - Cwmni Bysus Cymreig

**Duty: 04/290**

Day(s): Every Day

Start Time: 07:12 - End Time: 01:10

**Break Times:**

**From:** Ammanford Bus Station Stand 4 (Bay 4)  
**To:** Swansea Bus Station Stand H (at)  
**Route:**290  
Depart: 07:12 - Arrive: 08:30 1

**From:** Swansea Bus Station Stand H (at)  
**To:** Ammanford Bus Station Stand 4 (Bay 4)  
**Route:**290  
Depart: 08:40 - Arrive: 10:02 2

**From:** Ammanford Bus Station Stand 4 (Bay 4)  
**To:** Swansea Bus Station Stand H (at)  
**Route:**290  
Depart: 10:32 - Arrive: 11:50 3

**From:** Swansea Bus Station Stand H (at)  
**To:** Ammanford Bus Station Stand 4 (Bay 4)  
**Route:**290  
Depart: 12:00 - Arrive: 13:22 4

**From:** Ammanford Bus Station Stand 4 (Bay 4)  
**To:** Swansea Bus Station Stand H (at)  
**Route:**290  
Depart: 13:52 - Arrive: 15:10 5

**From:** Swansea Bus Station Stand H (at)  
**To:** Ammanford Bus Station Stand 4 (Bay 4)  
**Route:**290  
Depart: 15:20 - Arrive: 16:42 6

**From:** Ammanford Bus Station Stand 4 (Bay 4)  
**To:** Swansea Bus Station Stand H (at)  
**Route:**290  
Depart: 17:12 - Arrive: 18:30 7

**From:** Swansea Bus Station Stand H (at)  
**To:** Ammanford Bus Station Stand 4 (Bay 4)  
**Route:**290  
Depart: 18:40 - Arrive: 20:02 8

**From:** Ammanford Bus Station Stand 4 (Bay 4)  
**To:** Swansea Bus Station Stand H (at)  
**Route:**290  
Depart: 20:32 - Arrive: 21:50 9

**From:** Swansea Bus Station Stand H (at)  
**To:** Ammanford Bus Station Stand 4 (Bay 4)  
**Route:**290  
Depart: 22:00 - Arrive: 23:22 10

**From:** Ammanford Bus Station Stand 4 (Bay 4)  
**To:** Swansea Bus Station Stand H (at)  
**Route:**290  
Depart: 23:52 - Arrive: 01:10 11