

# Buses of Wales - Cwmni Bysus Cymreig

**Duty: 03/290**

Day(s): Every Day

Start Time: 06:40 - End Time: 23:10

**Break Times:**

<b>From:</b> Swansea Bus Station Stand H (at) <b>To:</b> Ammanford Bus Station Stand 4 (Bay 4)	<b>From:</b> Ammanford Bus Station Stand 4 (Bay 4) <b>To:</b> Swansea Bus Station Stand H (at)
<b>Route:</b> 290 Depart: 06:40 - Arrive: 08:02	<b>Route:</b> 290 Depart: 18:32 - Arrive: 19:50
<b>From:</b> Ammanford Bus Station Stand 4 (Bay 4) <b>To:</b> Swansea Bus Station Stand H (at)	<b>From:</b> Swansea Bus Station Stand H (at) <b>To:</b> Ammanford Bus Station Stand 4 (Bay 4)
<b>Route:</b> 290 Depart: 08:32 - Arrive: 09:50	<b>Route:</b> 290 Depart: 20:00 - Arrive: 21:22
<b>From:</b> Swansea Bus Station Stand H (at) <b>To:</b> Ammanford Bus Station Stand 4 (Bay 4)	<b>From:</b> Ammanford Bus Station Stand 4 (Bay 4) <b>To:</b> Swansea Bus Station Stand H (at)
<b>Route:</b> 290 Depart: 10:00 - Arrive: 11:22	<b>Route:</b> 290 Depart: 21:52 - Arrive: 23:10
<b>From:</b> Ammanford Bus Station Stand 4 (Bay 4) <b>To:</b> Swansea Bus Station Stand H (at)	
<b>Route:</b> 290 Depart: 11:52 - Arrive: 13:10	4
<b>From:</b> Swansea Bus Station Stand H (at) <b>To:</b> Ammanford Bus Station Stand 4 (Bay 4)	
<b>Route:</b> 290 Depart: 13:20 - Arrive: 14:42	5
<b>From:</b> Ammanford Bus Station Stand 4 (Bay 4) <b>To:</b> Swansea Bus Station Stand H (at)	
<b>Route:</b> 290 Depart: 15:12 - Arrive: 16:30	6
<b>From:</b> Swansea Bus Station Stand H (at) <b>To:</b> Ammanford Bus Station Stand 4 (Bay 4)	
<b>Route:</b> 290 Depart: 16:40 - Arrive: 18:02	7