

# Atlantis Travel

**Duty: CR03 (Mon - Sat)**

Day(s): Monday, Tuesday, Wednesday, Thursday, Friday  
**Break Times:**

Start Time: 06:25 - End Time: 22:17

**From:** Newport  
**To:** Cardiff Bus Station

**Route:**X7

Depart: 06:25 - Arrive: 07:18 1

**From:** Cardiff Bus Station  
**To:** Chepstow

**Route:**X7

Depart: 07:30 - Arrive: 09:15 2

**From:** Chepstow  
**To:** Cardiff Bus Station

**Route:**X7

Depart: 09:30 - Arrive: 11:18 3

**From:** Cardiff Bus Station  
**To:** Chepstow

**Route:**X7

Depart: 11:30 - Arrive: 13:15 4

**From:** Chepstow  
**To:** Cardiff Bus Station

**Route:**X7

Depart: 13:30 - Arrive: 15:18 5

**From:** Cardiff Bus Station  
**To:** Chepstow

**Route:**X7

Depart: 15:30 - Arrive: 17:15 6

**From:** Chepstow  
**To:** Cardiff Bus Station

**Route:**X7

Depart: 17:30 - Arrive: 19:18 7

**From:** Cardiff Bus Station  
**To:** Chepstow

**Route:**X7

Depart: 19:30 - Arrive: 21:15 8

**From:** Chepstow  
**To:** Newport

**Route:**X7

Depart: 21:30 - Arrive: 22:17 9